

2016 JLA REGATTA PROGRAM
 Saturday and Sunday July 30th and 31st
73rd Annual Regatta brought to you by the JLA!

- **Membership fees support this event. Please join if you holiday on Jack's Lake. The Membership & Registration Desk is open Saturday from 9:30am to 10:30am and Sunday from 7:30 am to 3:45 pm. Memberships are \$40 annually.**
- **ALL PARTICIPANTS MUST BE REGISTERED AND WEAR A "WRISTBAND" DURING ALL EVENTS. REGISTRATION IS FREE to MEMBERS OF JLA—their children & grandchildren. THERE IS A CHARGE OF \$5/pp FOR NON-MEMBERS.**

Saturday Jul 30 Dave Hoyle cottage 656-2727 or 647-620-5586 or Rod McIvor 656-3212

1:30 pm SET-UP SAILBOAT AND WINDSURFER RACES - CALLAHAN / ROBBINS Bay

****All must pre-register and sign up prior to race--Saturday morning 9:30-10:30am or phone it in***

Check in at Boyds Island (Dave Hoyle 656-2727) at 1:30 pm - 2:00pm start

****Class I= Sunfish, CL11 (or similar); Class II= CL14 (or similar); Class III= Lasers, CL16 (or similar)***

Class IV= Catamaran; Class V= Windsurfer *** Medals Presented at end of Race ***

2:30 pm Boat Decorating starting in Brookes Bay and finishing party and medals at - Sweeney's Centre Bay separate handout for details join in the parade even if there are no decorations

Sunday Jul 31 (Forest Glen Public Launch) *Regatta Registration open 7:30 am (to 3:00 pm)

8:00 am FUN RUN 5 Km RACE (Forest Glen Marina to "Millers" via Shady Lane & back)

Female: 12-15, 16-24, 25-39, 40-54, 55-64, 65+

Male: 12-15, 16-24, 25-39, 40-54, 55-64, 65+

8:00 am IRON MAN Try-Athalon (Shady Lane Run, Swim one way only, Bike back to Anchorage) - open to 14 up, medals for 1st 2nd 3rd - bike and accompanying spotter to be arranged by participants.

8:45 am KIDS' RUN 1.5 Km RACE (Forest Glen Marina to Shady Lane turnoff & back)

Children 8 & under, Female 9-11, Male 9-11

9:00 (to 9:45) am DISTANCE SWIM (Anchorage Dock) * Note: Strong swimmers only

Kids: 12 & under; Female: 13-15, 16-18, 19-29, 30-39, 40+

Male: 13-15, 16-18, 19-29, 30-39, 40+

- Each swimmer must be accompanied by their own non-motorized watercraft with a spotter (life jacket, whistle & safety equipment) *3 blows to summon help.

10:00 am * Medal Presentation for Fun Run, Iron Man & Kids' Run *****

10:30 am SWIM RACES (Forest Glen Marina)

Kids Swim * (using floatation devices; may jump from dock) *Participation Ribbons only --no medals

Female: 6-7, 8-9, 10-11, 12-13, 14-15, 16-25, 26-39, 40+

Male: 6-7, 8-9, 10-11, 12-13, 14-15, 16-25, 26-39, 40+

12:00 am * Medal Presentation Distance and Swim Races, Smoke Signals Photography Contest**

12:30 pm JOUSTING (New Event) Anchorage Dock - Open to all One Champion takes the medal

1:00 pm KAYAK & CANOE RACES (start location Anchorage Dock) *All participants must wear a life jackets

1st race: Canoe: Adult (20+) and Child (12 and under)

8th race: Kayak: Female: 14 & under

2nd " Kayak: Male: 14 & under,

9th " Canoe: Male: 15 & under

3rd " Paddle Board (Open Men and Women)

10th " Kayak: Female: 15 - 20

4th " Kayak: Male: 15 - 20

11th " Canoe: Male: 16 & over

5th " Canoe: Female: 15 & under

12th " Kayak: Female: 21+

6th " Kayak: Male: 21+

(*10 minute break to prepare canoes)

7th " Canoe: Female: 16 & over

13th race: Centipede - no paddles: All ages combined - team of 4

2:15 pm FIRE PUMP DEMONSTRATION (at the docks between Marinas)

2:30 pm * Medal Presentation for Canoe & Kayak Races *** at Anchorage Marina**

3:00 pm **THREE-LEGGED RACE** (Forest Glen Lawn)

Open (male and/or female): 6-7, 8-9, 5 and under;

Male: 10-12, 13-15, 16-18, 19-29 Female: 10-12, 13-15, 16-18, 19-29 Mixed:(1 male/1 female) 30+

*** Medal Presentation for 3-Legged Races ***

3:45 ***Note: Registration and Membership booth CLOSING before start of Egg Toss**

4:00 pm **EGG TOSS** (Forest Glen Marina) ***Gold Medal Only (in final heat)**

All Open (male and/or female): Children 8 and under; 9-12; Teens 13-16; Adults 17+

4:30 pm **TUG OF WAR** (Between the Marinas in the water) ***Gold Medal Only (in final heat)**

-teams of up to 4 in all categories ****Minimum Age: 6 years old**

Kids: (Boys and/or Girls): 6-9 Girls: 10-13; 14-17; 18+ Boys: 10-13; 14-17; 18+

***REGATTA RULES**

1. All entrants must be REGISTERED prior to entering an event. (wristband shown)
2. There must be three entries to make a race.
3. Any participant taking shortcuts or being unfair to others will be disqualified.
4. THE JUDGES DECISION IS FINAL.
5. Should a dispute occur, refer to RULE 4.

REGATTA FEATURES

The JLA Membership & Registration Booth will be open Sat 9:30 to 10:30 am (*be sure to pre-register for sailing at this time) and Sunday 7:30 am to **3:00 pm** to answer questions about the association and the lake and to accept payment of dues or register people for the Regatta.

Membership Dues support: the placement and maintenance of Marker Buoys and Lights, the purchase and maintenance of Fire Pumps for your protection, Government Liaison, and Environmental Activities, Smoke Signals newsletter, Kids' Fishing Derby, as well as this Regatta.

The Bake Sale and a Books, Videos, Games and Children's table to include small toys will be open at 9:00 am sharp. All donations should be brought to the booth by 9:15am at the latest!

Visit the JLA Fisheries Committee booth for the latest data and projects.

There will be an Arts and Nature area for the Kids to investigate and draw the animals of the lake.

The Apsley Lions Club Food Booth will be serving hotdogs, hamburgers, fries and cold drinks.

The Corn Roast (next to the Anchorage Marina), sponsored by Anchorage Marina, proceeds donated to the Lunch Fund at the Apsley Elementary School.

The JLA would like to acknowledge the kind co-operation of The Anchorage Marina and Forest Glen Marina for the use of their facilities and to all the volunteers who help run the various events.

***NOTE:** All persons attending this event do so at their own risk and shall indemnify and save harmless all persons connected to this Regatta from any and all claims or losses arising directly or indirectly from the Regatta.

Volunteers always needed - if you have enjoyed this event in the past, please offer to come out and help with events or tables to keep it running for the future (73 years so far) !